

The Dietary Reference Intakes Process: A Webinar

AGENDA

December 12, 2025 11-12:30 pm ET 1:30-3:30 pm ET

11:00 am	SESSION 1: Overview of the DRIs and General Purpose
20 min	DRIs: General Purpose and Overview John Erdman, University of Illinois at Urbana-Champaign
10 min	Relationship of the DRI Values to Other Dietary Guidance Alice H. Lichtenstein, Jean Mayer USDA HNRCA at Tufts University
11:30 am	SESSION 2: The DRI Framework and Review of the Components
_	of the DRIs
Moderator: Stephanie Atkinson, McMaster University	
20 min	Evidence Base for DRIs David Klurfeld, Indiana University School of Public Health
10 min	Setting DRIs for Infants 0-2 Years of Age: Challenges and New Opportunities Stephanie Atkinson, McMaster University
10 min	Considerations in Revising DRIs for Children, Pregnant and Lactating Women Nancy Krebs, University of Colorado School of Medicine
10 min	Adults and Older Adults Sarah Booth, Jean Mayer USDA HNRCA at Tufts University
15 min	Q&A
12:30 pm	BREAK (resume at 1:30 pm)
1:30 pm	SESSION 3: Applications of the DRIs
Moderator: John Erdman, University of Illinois at Urbana-Champaign	
15 min	Uses and Applications of the DRI Values (pre-recorded) Valerie Tarasuk, University of Toronto
15 min	Q&A



2:00 pm **SESSION 4: Considerations for Future DRIs**

Moderator: Nadine Sahyoun, University of Maryland

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10 min	The AMDR and Macronutrient Quality Alice H. Lichtenstein, Jean Mayer USDA HNRCA at Tufts University	
10 min	The Chronic Disease Risk Reduction Value: Implications for the Macronutrients Amanda MacFarlane, Health Canada	
10 min	Defining Populations for DRI Recommendations Sai Das, Jean Mayer USDA HNRCA at Tufts University	
10 min	Using Systematic Reviews to Support Future DRI Reports Sai Das, Jean Mayer USDA HNRCA at Tufts University	
10 min	Are Dietary Carbohydrates Essential? John Erdman, University of Illinois at Urbana-Champaign	
20 min	Q&A	
3:25 pm	Closing Remarks	
	John Erdman, University of Illinois at Urbana-Champaign	
3:30 pm	Adjourn	