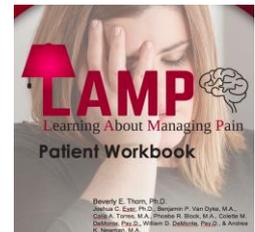


Future Research Priorities

- 1) Reduce Disparities
- 2) Develop & test treatment adaptations
- 3) Examine key factors of real-world implementation & sustainability



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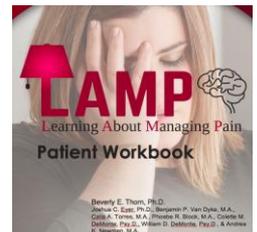


Reduce Disparities

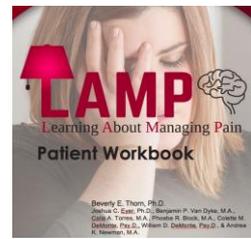
- The problem of pain in low SES populations
 - Lack of access to healthcare resources
 - Higher rates of pain and disability
 - Higher rates of comorbidities
- Much treatment research involves middle-class patients/high health literacy
 - Easier to reach, engage and retain
 - Conclusions may not generalize to disadvantaged populations
- Need treatment research targeted toward disadvantaged individuals

} High Impact Pain

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Develop & Test Treatment Adaptations /Real-World Implementation



- Identify/target key mechanisms of change (e.g., catastrophic thinking, acceptance, self-efficacy)
- Patient-appropriate treatment simplifications (e.g., literacy adaptations of patient materials, simplifying methods of treatment)
- Compare efficacy of treatments (e.g., pain education, cognitive-behavioral therapy) for different populations (heterogeneity of treatment effects)
- Test protocol changes (e.g., brief, individual, group medical visits, web-delivered, apps)

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ORIGINAL RESEARCH

Literacy-Adapted Cognitive Behavioral Therapy Versus Education for Chronic Pain at Low-Income Clinics
A Randomized Controlled Trial

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