



The Challenge of Treating Obesity and Overweight: Learning What Works and Making it Happen

Workshop
Roundtable on Obesity Solutions

April 6, 2017
The National Academy of Sciences Building
2101 Constitution Avenue, NW Washington, DC
Lecture Room

Workshop Objective: Explore what is known about current obesity treatment approaches and the challenges involved in implementing them.

8:30 AM **Welcome and Setting the Stage**, Bill Purcell, JD, Chair, Roundtable on Obesity Solutions

TREATMENT: WHAT WORKS?

Facilitator: Don Bradley, MD, MHS-CL, Duke University

8:45 AM **Adults**

Susan Yanovski, MD, National Institute of Diabetes and Digestive and Kidney Diseases,
National Institutes of Health

9:15 AM **Children and Adolescents**

Ihuoma Eneli, MD, MS, FAAP, American Academy of Pediatrics Institute for Healthy Childhood
Weight & Nationwide Children's Hospital

9:45 AM **Emerging Opportunities**

Steven Heymsfield, MD, Pennington Biomedical Research Center, Louisiana State University

10:15 AM **BREAK**

TREATING SEVERE OBESITY

10:30 AM **Adults**

Facilitator: Adam Tsai, MD, MSCE, FACP, Kaiser Permanente

Bruce Wolfe, MD, FACS, FASMBS, Oregon Health & Science University

Louis J. Aronne, MD, FACP, DABOM, Weill-Cornell Medical College

Nikki Massie, Patient Advocate

11:15 AM **Children**

Facilitator: Ihuoma Eneli, MD, MS, FAAP, American Academy of Pediatrics Institute for Healthy
Childhood Weight & Nationwide Children's Hospital

Nikki Highfield, Parent

Marc Michalsky, MD, Nationwide Children's Hospital

Susan J. Woolford, MD, MPH, University of Michigan

12:00 PM **LUNCH**

- 1:00 PM **WORKFORCE AND TRAINING**
Facilitator: Bill Dietz, MD, PhD, George Washington University
- Goutham Rao, MD, FAHA, Case Western Reserve University
Robert Kushner, MD, Northwestern University
Linda Gigliotti, MS, RDN, CDE, Wellness Consultant at Diocese of Orange
- 1:45 PM **PAYMENT CONSIDERATIONS**
Facilitator: Don Bradley, MD, MHS-CL, Duke University
- Tom Parry, PhD, Integrated Benefits Institute
Bryce Williams, MS, Blue Shield of California
Deirdra Stockmann, PhD, MUP, Centers for Medicare and Medicaid Services
- 2:30 PM **POLICY CONSIDERATIONS**
Facilitator: Lisel Loy, JD, Bipartisan Policy Center
- Joseph Nadglowski, Obesity Action Coalition
Anand Parekh, MD, MPH, Bipartisan Policy Center
Matthew Gallivan, Health Policy Advisor, Senator Bill Cassidy (R-LA)
Lynn Sha, Senior Health Policy Advisor, Senator Thomas Carper (D-DE)
- 3:15 PM **BREAK**
- 3:30 PM **MOVING FORWARD**
Facilitator: Theodore Kyle, RPh, MBA, ConscienHealth
- Marsha Schofield, MS, RD, LD, FAND, Academy of Nutrition and Dietetics
Gary Bennett, PhD, Duke University
- 4:00 PM **Adjourn**

Established in 2014, the Roundtable on Obesity Solutions engages leadership from multiple sectors to solve the obesity crisis. More than one third of adults and 17 percent of children and adolescents are obese. Cautious estimates suggest that obesity now accounts for almost 10 percent of the national health care budget. Until the epidemic is reversed, obesity will continue to drive rates of chronic diseases and their associated medical costs. Through meetings, public workshops, background papers, and innovation collaboratives, the Roundtable fosters an ongoing dialogue on critical and emerging issues in obesity prevention, treatment, and weight maintenance. The Roundtable provides a trusted venue for enhancing and accelerating discussion, development, and implementation of multi-sector collaborations, and policy, environmental, and behavioral initiatives that will increase physical activity; reduce sedentary behavior; and improve the healthfulness of foods and beverages consumed to reduce the prevalence and adverse consequences of obesity and eliminate obesity-related health disparities.

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