# Aging in Place with Dementia: Translating Science to Practice

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## Administration for Community Living Administration on Aging Aging In Place Priority

Helping Seniors
Age In Place
Through Three Key
Strategies

Invest in Core Home & Community-Based Services that Help Seniors Stay at Home

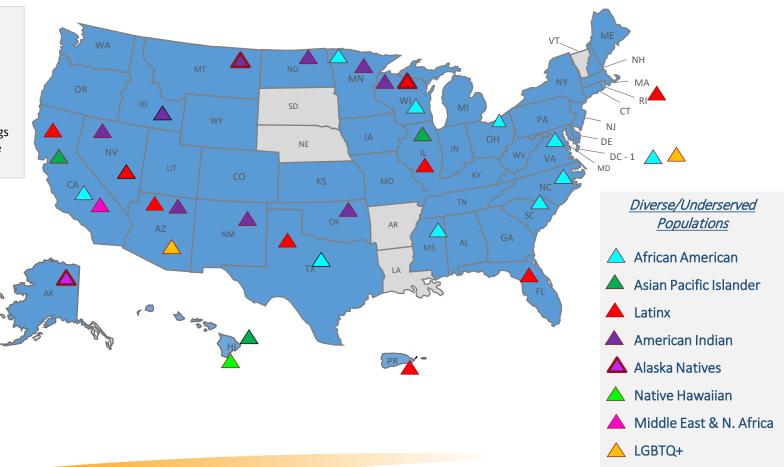
Build Partnerships that Leverage Additional Public & Private Resources Promote Innovations to Ensure Continued Effective Outcomes in the Future

## ACL Funded ADRD Programs Supporting Communities Across The Nation Alzheimer's Disease Programs Initiative (ADPI)

(Since 2014)



- Universities
- · Healthcare systems
- AAAs
- States
- Counties
- Tribal entities
- Community-based orgs
- Hospice and palliative care providers



#### WHO?

People living with Dementia and their Caregivers

#### WHAT?

Dementia-capable supports and services that are responsive to their wants and needs:

- Culturally competent
- ACCESSIBLE!
- Evidence-based
- Meaningful
- Educational

#### WHY?

Because that is where they want to be, for as long as possible!

### HOW?

- Research
- Translation
- Implementation
- Sustainability

#### **KEY RESEARCH STRUCTURE RECOMMENTATION**

Include Home and Community Based and Long-Term Support Service provider/Community-Based Organizations *IN* the research!

Don't just invite them to refer their people to you, include them in design!

#### WHY?

Because they know their people; They know what they will accept/willing to receive; They know was they can reasonably expect to implement and They know what it will take to sustain programming!

### To support community living for people living with dementia and caregivers more research is needed on:

- ✓ Strengths-based, person-centered supports and service practices should be at the core of all research;
- ✓ Living alone in the community with dementia;
- ✓ Employee Assistance Programs supporting dementia family caregivers;
- ✓ Impact evaluation Dementia Friendly Community work
- ✓ Availability and impact on the availability respite on both caregivers and people living with dementia.
- ✓ THE LIST CAN GO ON AND ON AND ON...

### SIDEBAR!

The "argument" for **strengths-based**, person-centered supports and service practices should be at the core of all research.

- ✓ Person-centeredness is at the core of everything we do when we work with our community members across the lifespan.
- ✓ Their strengths are at the what give them confidence and pride.
- ✓ Focusing on people's strengths, not deficits can result in resilience.
- ✓ Resilience can support caregivers in their role.

**Simple solutions: Researchers** can get at all of the evaluation information you need without all focus on the person's living with dementia's deficits.

- New, updated reliable/validated evaluation tools that focus on both caregivers and people living with dementia's strengths when delivering person-centered services.
- Reframing traditionally asked questions about caregiving to not make people feel bad after doing an evaluation.

### Completed Research Package should include deliverables to support community-based implementation to include:

- ✓ Cost Analysis to inform interested community implementors on expected financial and human investments
- ✓ Implementation Manuals to train interventionists
- ✓ Implementation tools to support implementation
- ✓ Simplified impact evaluation tools for use at the community level
  - WHY? They don't need to replicate your evaluation to secure evidence – they need evidence that it works in their community! They can use this simplified data to secure innovative funding sources and sustain their programming!

### **THANK YOU!**

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#### **Alzheimer's Disease Programs Initiative (ADPI)**

#### > State, Community and Tribal Grant Programs

- ✓ Expand dementia-capability of states and communities through a single program;
- ✓ Targeting supports to those with the greatest social and economic need;
- Supports and education to federally recognized tribes, tribal organizations and/or consortiums;
- ✓ Improve and expand on person-centered care for individuals living with Alzheimer's and dementia;
- ✓ Deliver dementia-specific evidence-based and evidence informed interventions to people living with dementia and caregivers, and
- ✓ Support paid and unpaid caregivers through provision of education, training and tools.

#### ➤ National Alzheimer's and Dementia Resource Center (NADRC).

The NADRC provides expert technical assistance to AoA/ACL and its grantees, as well as making program information, program deliverables and resources available to individuals and organizations outside the Alzheimer's grantee community.

https://nadrc.acl.gov/