

# Building Resilience in the Face of Emerging Threats to Child and Youth Well-Being:

A Virtual Workshop

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**OCTOBER 18-20, 2022**

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**Purpose**

This public workshop will focus on current knowledge on building resilience in the face of emerging threats to child and youth well-being. The workshop will examine how to promote well-being in the context of factors such as exposure to violence, climate change, and racism. It will consider community contexts and strengths-based solutions that may support child and youth well-being.

While building individual resilience is critical, there is a need to balance efforts to build resilience with efforts to address stressors at their source through broader systemic and institutional change.

**TUESDAY, OCTOBER 18, 2022, 2:00 – 4:00 PM ET**

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**DAY 1: Our Children, Our Future: Pillars of Youth Well-Being and Resilience**

**2:00–2:10**

**Welcome and Introduction**

*David Willis, Forum for Children's Well-Being Co-Chair, Center for the Study of Social Policy*

**2:10–3:00**

**Framing the Issue**

*Moderator: Tina Cheng, Forum for Children's Well-Being Member, University of Cincinnati*

- **Presentation: What is resilience?**  
*Ann Masten, University of Minnesota*
- **Presentation: Who are our kids?**  
*Lynn Olson, American Academy of Pediatrics*
- **Presentation: How do we promote resilience in the context of structural barriers to well-being?**  
*Tamar Mendelson, Johns Hopkins University*

**3:00–3:55**

**Dialogue with Panelists and Youth Leaders**

*Moderator: Tina Cheng, Forum for Children's Well-Being Member, University of Cincinnati*

*Ann Masten, University of Minnesota*

*Lynn Olson, American Academy of Pediatrics*

*Tamar Mendelson, Johns Hopkins University*

*Prameela Boorada, Impact Playground (youth leader discussant)*

*Joshua Calarino, Youth Move National (youth leader discussant)*

*Maya Nittoor, Mental Health America (youth leader discussant)*

**3:55–4:00**

**Closing Notes**

*David Willis, Forum for Children’s Well-Being Co-Chair, Center for the Study of Social Policy*

**4:00**

**Adjourn**

**END OF DAY 1**

**WEDNESDAY, OCTOBER 19, 2022, 2:00 – 4:00 PM ET**

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**DAY 2: Existential Threats and Building Resilience**

**2:00–2:05 Welcome and Introduction**

*David Willis, Forum for Children’s Well-Being Co-Chair, Center for the Study of Social Policy*

**2:05–2:20 Existential Threats to Child Well-Being**

*Victor Dzau, President, National Academies of Medicine*

**2:20–3:10 Building Resilience in the Face of Existential Threats**

*Moderator: Mary Ann McCabe, Forum for Children’s Well-Being Member, Society for Child and Family Policy and Practice*

- **Presentation: Building Resilience in Response to Climate Change**  
*Joe Waters, Capita*
- **Presentation: Building Resilience in Response to Racism**  
*Shawn Jones, Virginia Commonwealth University*
- **Presentation: Building Resilience in Response to Exposure to Violence**  
*Emily Ozer, The University of California, Berkeley*  
*Dashia Nicole Wright, The University of California, Irvine*

**3:10–3:55 Dialogue with Panelists and Youth Leaders**

*Moderator: Mary Ann McCabe, Forum for Children’s Well-Being Member, Society for Child and Family Policy and Practice*

*Joe Waters, Capita*

*Shawn Jones, Virginia Commonwealth University*

*Emily Ozer, The University of California, Berkeley*

*Dashia Nicole Wright, The University of California,*

*Prameela Boorada, Impact Playground (youth leader discussant)*

*Joshua Calarino, Youth Move National (youth leader discussant)*

*Maya Nittoor, Mental Health America (youth leader discussant)*

**3:55–4:00 Closing Notes**

*David Willis, Forum for Children’s Well-Being Co-Chair, Center for the Study of Social Policy*

**4:00 Adjourn**

**END OF DAY 2**

**THURSDAY, OCTOBER 20, 2022, 2:00 – 4:00 PM ET**

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**DAY 3: Building Resilience and Well-Being for the Future: Research, Practice, and Policy**

**2:00–2:05 Welcome and Introduction**

*Cheryl Polk, Forum for Children’s Well-Being Co-Chair, Clinical Psychologist*

**2:05–3:05 Building Resilience and Well-Being for the Future**

*Moderator: Alvin Thomas, Forum Member, University of Wisconsin*

- **Presentation: Building Resilience for the Future through Policy**  
*Bryan Samuels, Chapin Hall at the University of Chicago*
- **Presentation: The Future of Measuring Resilience**  
*Carley Riley, Cincinnati Children’s Hospital Medical Center*
- **Presentation: Innovative Practices for Resilience-Building**  
*Jocelyn Smith Lee, University of North Carolina Greensboro*  
*Carmen Valdez, University of Texas at Austin*

**3:05–3:50 Dialogue with Panelists and Youth Leaders**

*Moderator: Alvin Thomas, University of Wisconsin*

*Bryan Samuels, Chapin Hall at the University of Chicago*

*Carley Riley, Cincinnati Children’s Hospital Medical Center*

*Jocelyn Smith Lee, University of North Carolina Greensboro*

*Carmen Valdez, University of Texas at Austin*

*Prameela Boorada, Impact Playground (youth leader discussant)*

*Joshua Calarino, Youth Move National (youth leader discussant)*

*Maya Nittoor, Mental Health America (youth leader discussant)*

**3:50–4:00 Closing Remarks**

*Cheryl Polk, Forum for Children’s Well-Being Co-Chair, Clinical Psychologist*

**4:00 Adjourn**

**WORKSHOP ADJOURNS**

**ACKNOWLEDGEMENTS**

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