# Transforming School Health Services and Access

National Academies of Sciences, Engineering and Medicine

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## About Healthy Schools Campaign (HSC)

- HSC works at the intersection of education, health and equity
- HSC advocates for national and local policies and practices that support health and learning
- HSC's priority issues include comprehensive mental and physical health services, green schoolyards and clean air at school

## Getting Kids Outside!

#### **HSC's Space to Grow Program**

- Transforms Chicago schoolyards into vibrant spaces to play, learn and be outside
- Supports students, teachers, schools and communities in outdoor learning and access, physical activity and wellness

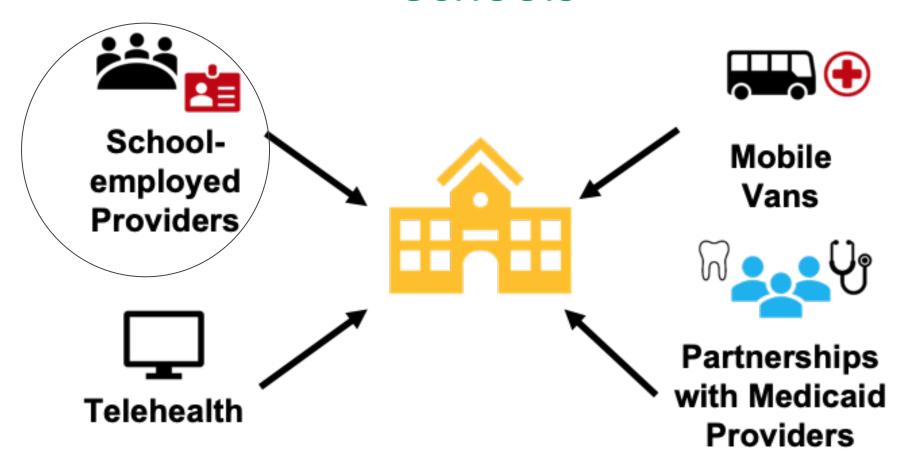




## Comprehensive Physical and Mental Health Services for All Students

- Increase sustainable funding for school-based health services
- Cover more services in schools
- Expand healthcare workforce
- Encourage new thinking on how education and health sectors can work together to improve outcomes in schools

# Models for Delivering Health Services in Schools



### What is Medicaid?

#### **Comprehensive health insurance program**

- Medicaid covers 1 in 5 people in the United States
- Almost half of all U.S. children are covered by Medicaid or CHIP
- Covers all medically necessary physical and behavioral health services for children

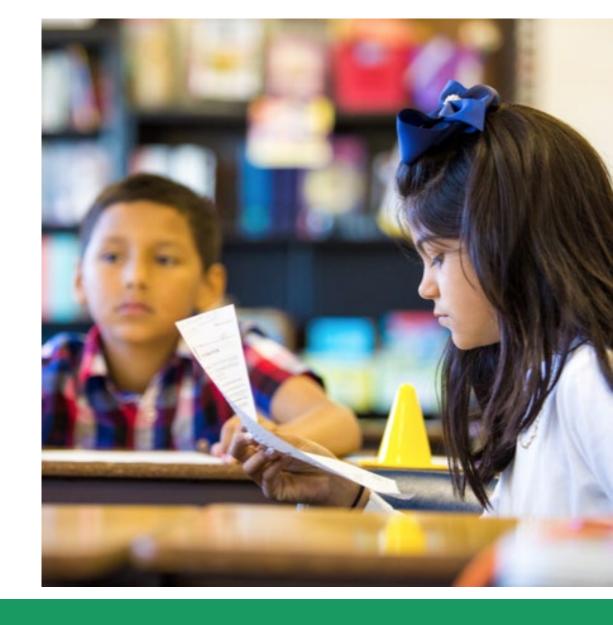
#### A shared partnership between state and federal government

- States make decisions about administration, eligibility, services and beneficiary protections, with Centers for Medicare and Medicaid (CMS) approval
- Changes made through a state plan amendment (SPA)

# Medicaid Services in Schools

- Historically, Medicaid paid for health services included in the Individualized Education Programs (IEPs) of students enrolled in Medicaid
- A 2014 CMS federal policy clarification\* expands coverage to ALL students enrolled in Medicaid

\*This is sometimes called the "free care" policy reversal



### Coverage of School Health Services:

Medicaid can pay for school-based physical, mental and behavioral health services if:

- The student is enrolled in Medicaid
- Services provided are covered by the state
- Services are delivered by a qualified provider
- States have appropriate billing, documentation and oversight mechanisms in place
- CMS must approve a state plan amendment (SPA)

<b>Examples</b>
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Eligible School Health Services	<b>Eligible School Health Providers</b>
<ul> <li>Physician Services</li> <li>Nursing Services</li> <li>Psychology</li> <li>Counseling</li> <li>Social Work Services</li> <li>Vision Services</li> <li>Audiology Services</li> <li>Speech Therapy</li> <li>Occupational Therapy</li> </ul>	<ul> <li>Nurse practitioner</li> <li>Registered nurse</li> <li>Licensed practical nurse</li> <li>Health technician</li> <li>Certified school psychologist</li> <li>Credentialed school counselor</li> <li>Credentialed school social worker</li> <li>Licensed marriage and family therapist</li> </ul>
<ul> <li>Physical Therapy</li> </ul>	<ul> <li>Speech language pathologist</li> <li>Occupational therapist</li> </ul>

### Federal Opportunities and State Impact

#### **Federal Momentum:**

Bipartisan Safer Communities Act included key Medicaid provisions

#### **State Impact:**

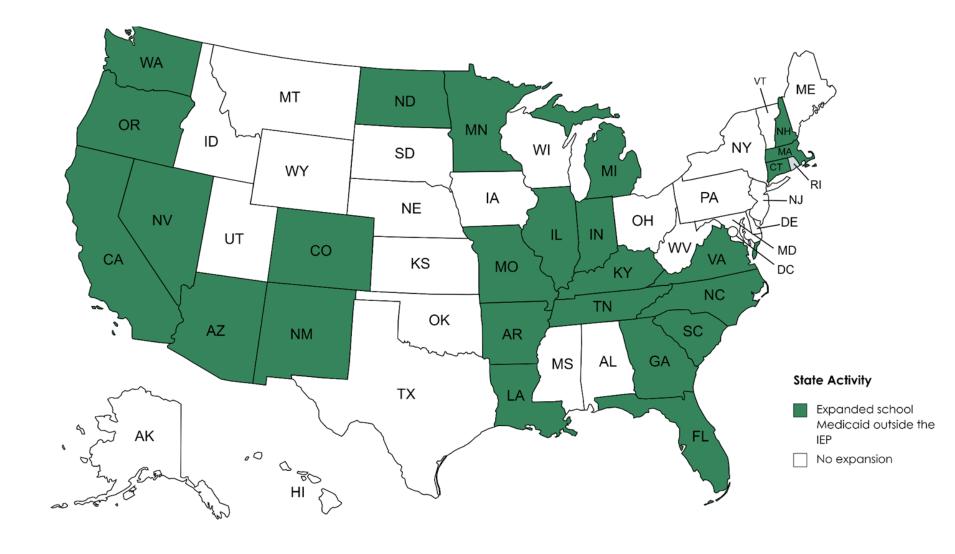
- Michigan has drawn down an estimated \$20 million in new federal funding for its school-based Medicaid program
- Colorado estimated an increase of approximately \$12 million, a 30% increase over the current program

# Status of School Medicaid: How (and How Many) States Have Taken Action

- 25 states have expanded or partially expanded
- Not all expansions look the same
- Every state has an opportunity to expand services, coverage and reimbursement



Expansion of School-Based Medicaid Programs



# Moving School Health Forward

- Maximize Medicaid in school and ensure the majority of reimbursement funds are dedicated to school health services
- Expand state opportunities for school Medicaid coordination and technical support
- Expand green schoolyards to encourage more outdoor learning and activities for students and communities
- Encourage new partnerships between health and education to promote outdoor learning



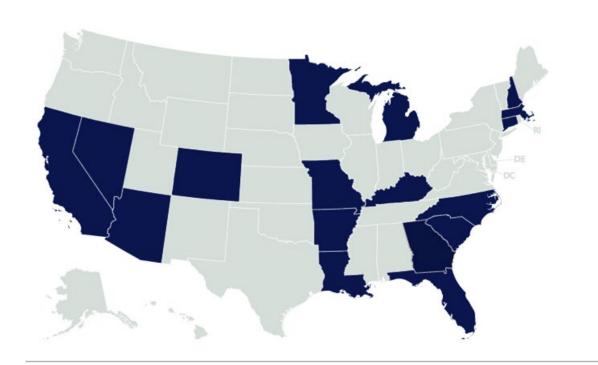
States That Expanded

Medicaid Coverage In Schools

States In the Process Of

Expanding Medicaid Coverage
In Schools

**States Not Yet Taking Action** 



#### Georgia

Georgia expanded its school Medicaid program in June 2021 to include school nursing services delivered to all Medicaid-enrolled students. View: **State Plan** 

**Amendment** 

### healthystudentspromisingfutures.org/map

### Resources

- NEW! Status of School Medicaid Expansion
- NEW! <u>School Medicaid Guidance: What Advocates</u> and <u>State Policymakers Need to Know</u>
- A Guide to Expanding Medicaid-Funded School Health Services
- And more: healthystudentspromisingfutures.org/resources

### **Contact**

For questions or information about working with Healthy Schools Campaign:

Jessie Mandle

**National Program Director** 

Jessie@healthyschoolscampaign.org

## Thank you

