



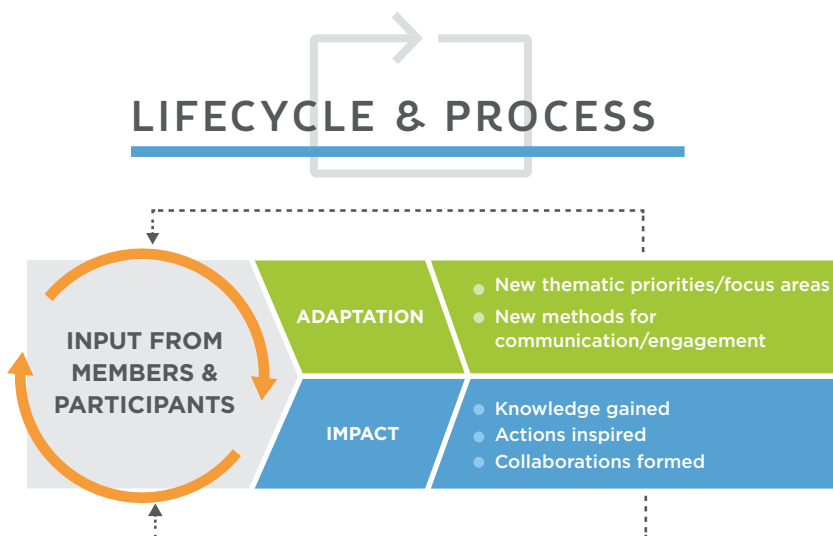
2014 YEAR IN REVIEW

IOM ROUNDTABLE ON OBESITY SOLUTIONS

MISSION

Through meetings, public workshops, background papers, and innovation collaboratives, the Roundtable provides a trusted venue for enhancing and accelerating discussion, development, and implementation of multi-sector collaborations and policy, environmental, and behavioral initiatives that will increase physical activity; reduce sedentary behavior; and improve the healthfulness of foods and beverages consumed to reduce the prevalence and adverse consequences of obesity and eliminate obesity-related health disparities.

LIFECYCLE & PROCESS



50 MEMBERS

FROM THE FOLLOWING SECTORS:

- Local and national associations and non-profits
- Business community, private sector, health insurers, and industry
- Federal and local government
- Foundations
- Academia
- Representatives from the areas of health care, public health, food, physical activity, schools, early care and education, worksites, communities, media, and communications

CROSS-SECTOR COLLABORATIONS

Each meeting of the Roundtable presents an opportunity for the members to interact with each other. The development of 54 reported collaborations among member organizations on obesity-related projects is an example of how the Roundtable fosters dialogue and accelerates implementation of multi-sector work on obesity solutions.

COLLABORATIVES

Roundtable members developed four innovation collaboratives—satellite activities that engage interested members and others to develop tools, metrics, and frameworks for on-the-ground implementation of obesity solutions and to identify and disseminate promising practices:



ACTIVITIES



During its first year, the Roundtable hosted two public workshops and four planning discussions:

1

CURRENT STATE OF OBESITY SOLUTIONS IN THE UNITED STATES (Workshop)

A public workshop presented a status update on the current epidemiology of obesity and explored key settings where change is taking place. Also in relation to this topic, roundtable members William Dietz and Christina Economos wrote an article titled “Progress in the Control of Childhood Obesity,” which is forthcoming in the journal *Pediatrics*.

To learn more, visit iom.edu/currentobesitysolutions.

WORKSHOP RECAP



[WATCH PRESENTATION VIDEOS](#)



[READ WORKSHOP SUMMARY](#)



[VIEW WORKSHOP IN BRIEF / \(DOWNLOAD\)](#)

2

CROSS-SECTOR RESPONSES TO OBESITY: MODELS FOR CHANGE (Workshop)

A public workshop explored models of cross-sector work that may reduce the prevalence and consequences of obesity; examined case studies of cross-sector initiatives that engage partners from diverse fields; identified lessons learned from and barriers to established cross-sector initiatives; and engaged participants to identify potential applications for their communities and organizations.

To learn more, visit iom.edu/crosssector.

WORKSHOP RECAP



[WATCH PRESENTATION VIDEOS](#)



[WORKSHOP SUMMARY \(AVAILABLE APRIL 2015\)](#)



[DOWNLOAD WORKSHOP IN BRIEF](#)

3

ELIMINATING HEALTH DISPARITIES IN OBESITY PREVENTION, TREATMENT, AND WEIGHT MAINTENANCE (Planning Discussion)

A panel of presenters discussed some of the main issues and current thinking on how to implement solutions to address the gaps in obesity-related disparities. In response, a group of Roundtable members is developing ways to ensure that disparities and equity issues related to obesity are consistently incorporated into Roundtable activities.

4

WEIGHT BIAS (Planning Discussion)

A panel discussion was convened to discuss weight bias and its health and socioeconomic consequences, parental and health provider perceptions, sources of bias, efforts and rationale for removing stigma, and policy and personal impact. To learn more, read the [Perspective](#) developed based on this discussion.

5

SEVERE OBESITY (Planning Discussion)

A panel of presenters discussed the challenges, results, and levels of effectiveness of surgical interventions as well as medical management for severe obesity among adults and children.

6

CONSUMER PREFERENCES (Planning Discussion)

Presenters discussed recent research on consumer preferences and patterns to better understand current eating behaviors and possible target groups most inclined to make incremental healthy food choices.

COLLABORATIVES



The Roundtable takes a systems approach to dissemination—a multi-layered strategy that meets people on many platforms. To learn more, visit us online.

WWW.IOM.EDU/OBESITYSOLUTIONS



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SNACK-SIZE INFOGRAPHIC



VIDEO



[WORKING ACROSS SECTORS TO SOLVE OBESITY](#)